



# CAPITAL THUNDER

## 2019-2020

### SPRING SKATE

**Season Mid April thru end of May**

ONLINE REGISTRATION OPENS ON 3/16/19

Registration Fee online is \$10.00

Season Dues are \$375.00

Total Charge \$385.00

[www.capitalthunder.org](http://www.capitalthunder.org)

#### 8U-10U (Squirts)

HC Dylan Hojnacki—Asst. Bruce Barragan (Winter/ Fall HC & Assistants are TBD and will be decided at later date)

#### 12U (Peewee)

HC Mike Shattuck— Asst. Devyn Shattuck—Asst. Jason Marconcini—Asst. Nick Marconcini—Asst. Scott Folena

#### 14U (Bantam)

HC Mark Heinz—Asst. Matt Strinden—Asst. Eric Quinlan - Asst. Mike Getchel

For our Spring Season, depending on tournament team entries the 16 / 18 levels may be broken into several High School teams in a High School division.

**\*\*This is for Spring Only\*\***

#### 16U

HC Geoff Reader—Asst. JR Stiles

#### 18U

HC Mike Getchel— Asst. Sebastien Laplante

#### 18-16U (High School Varsity / JV)

HC Bruce Barragan—Asst. Geoff Reader

### Included in Spring Program

- 6-8 practices shared 60-75 MIN Sessions.
- Dryland sessions.
- Spring Jersey & Socks.
- (1) Tournament Local Capital Classic Memorial Day Weekend at Skatetown Ice Arena.



### Team Focus Areas

- Skating Development.
- Skill Development / Small Game Instruction.
- Game Fundamentals / Special Teams.
- Game / Tournament Preparation.
- Sportsmanship / Team Concept.

Please bring the following items with you to your 1st practice and a team representative will collect:

- Photocopy of Birth Certificate (if this is your first year of travel hockey)
- Signed Consent to Treat, USAH Registration Number, Concussion Awareness Document

**\*\*Schedule will be sent to you via email and please arrive 45 mins before scheduled practices\*\***

FORMS & REGISTRATION CAN BE FOUND ON OUR WEBSITE AT

[www.CapitalThunder.org](http://www.CapitalThunder.org)