



# CAPITAL THUNDER ICE HOCKEY 2021-22 SEASON TRYOUT INFORMATION

**Tryout Dates: June 19 and 20, 2021**  
**Skatetown Ice Arena, Roseville (Times below)**

**ONLINE REGISTRATION OPEN NOW-**

**\$75.00 Tryout Fee**  
**[www.capitalthunder.org](http://www.capitalthunder.org)**

8U-10U (2011 and above birth year)

**Head Coach: Rob Lapsley**

Saturday, June 19 from 3:00-4:00 pm (Rink 2)

Sunday, June 20 from 8:15 - 9:15 am (Rink 2)

12U (2009 and 2010 birth year)

**Head Coach: Matt Strinden**

Saturday, June 19 from 4:15-5:15 pm (Rink 2)

Sunday, June 20 from 9:15-10:15 am (Rink 1)

14U (2007 and 2008 birth year)

**Head Coach: Scott Folena**

Saturday, June 19 from 5:00-6:00 pm (Rink 1)

Sunday, June 20 from 9:30-10:30 am (Rink 2)

High School

**Head Coach: Jon Hitesman**

Saturday, June 19 from 6:15-7:15 pm (Rink 1)

Sunday, June 20 from 10:45- 11:45 am (Rink 2)

## Included in 2021/22 Regular Season

- 2 practices weekly with Dryland sessions
- Tournament and Coaches Fees for 2 Tournaments (up to \$1450)
- Jersey Rental and Socks for 2021/22 Season
- Dryland and Game Day Apparel

## Team Focus Areas

- Skating
- Skill Development / Small Game Instruction
- Game Fundamentals / Special Teams
- Game / Tournament Preparation
- Sportsmanship
- Team Building

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## Important Reminders:

**\*\*Please arrive 45 mins before scheduled session\*\***

**\*\* All Returning and New Players MUST Register for Tryouts for 2021-22 Season\*\***

REGISTRATION CAN BE FOUND ON OUR WEBSITE AT

**[www.CapitalThunder.org](http://www.CapitalThunder.org)** or at **<https://go.teamsnap.com/forms/268487>**